

Job Of The Week

12th December

COUNSELLOR



Salary

The salary of a Counsellor can range from £27,055 to £47,672

Typical Hours

35-40 hours a week. You could evenings and weekends



Entry Requirements

- You can get into this job through:
- a university course - You could do a diploma, degree or postgraduate course in counselling or psychotherapy. You might be able to study counselling alongside another subject like psychology, sociology or criminology. Entry requirements include, 2 to 3 A levels, or equivalent, for a degree and possibly a degree in any subject for a postgraduate course
- a college course - You could start by doing an introduction to counselling course. This can last up to 3 months and can help to work out if counselling is the right career for you. After that, you can do further training and complete courses like:
 - Level 3 Certificate in Counselling Skills
 - Level 4 Diploma in Counselling Skills and Theory
 - Level 5 Diploma in Therapeutic Counselling
 - Training with a counselling organisation



What You'll do

As a counsellor, you could use different types of therapy to:

- agree what will be covered in sessions and keep records
- build trust with a client in person, online or over the phone
- listen carefully, ask questions and check understanding
- help your client to talk about their feelings, see things clearer and find ways to cope
- empathise but challenge when necessary

You could work with individuals, couples, families or groups

Working environment

You could work in a therapy clinic, at a GP practice, at a school, at a college or from home.
Your working environment may be emotionally demanding.



Career Path & Progression

If you're a new counsellor, it's important to get peer support to develop your skills. It's unusual to go straight into working for yourself.

With experience you could:

- specialise in an area like bereavement support, relationships or addiction
- set up your own practice and work for yourself
- become a counsellor supervisor or trainer
- move into management or consultancy

For more information

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