

Headteacher Newsletter Friday 17th March

Highlights of the week

We have had 2 disrupted weeks, so it has been good to see students fully engaged in their learning. Y13 have continued with mock exams and are nearing their final days in school. Y11 are looking at those last 5 weeks before the final written exams start and how they can maximise their learning. There is still time to make a difference. The next steps event earlier this week allowed them to reflect on the grades they need to achieve to make the next step that they want. Our period 6 offer takes place Tuesday to Friday in a whole range of subjects. Next Wednesday sees the launch of our breakfast sessions for Y11 where they can come in from 7.30am, get breakfast and be supported with their studies. Finally, for now – I am delighted that we are able to put on the snow delayed performance of Annie Jr. this evening and am looking forward to seeing it!

Upcoming Events

23 rd March	Y7 Parents' Evening 3.30pm -6.30pm
27 th March	Local School Committee Information event for any parent who would like to find out more about what we do and what's involved. 5pm -6pm.
29 th March	Parent Forum 5pm – agenda will follow but focus will be on our school improvement strategy.

Friday 31st March*

**Partial school closure day for additional staff training.
Years 11 and Y13 will attend all lessons as normal.**

School will be closed to Years 7,8,9,10,12 who will have access to remote learning materials for the day.

Friday March 31st Break up for Easter – return to school April 17th

**This is a change to the calendar originally published at the start of the year.*

Attendance for the week

	Monday	Tuesday	Wednesday*	Thursday*	Friday
Year 7	88.3	87.1			
Year 8	88.5	87.8			
Year 9	84.7	84.3			
Year 10	85.7	86.1			
Year 11	81	79.2	69.1	61	
Year 12	**	98.6	90.8	90.8	
Year 13	92	91.9	84.2	87.1	

*Industrial action days

** Y12 not in (Y11 Transition Day)

Key

94+% (National Average 2019)	
92-93.9%	
<92%	

*National YTD attendance at 13.1.23 was 90.8% (DfE).

1047 of our students had 100% attendance this week.

873 of our students had 100% attendance and 100% punctuality this week – WELL DONE!

119 students have had 100% attendance for the year to date.

67 students have had 100% attendance and been on time every day this year.

Golden Tickets

Year to date	
Year 8	1616
Year 7	1440
Year 9	1286
Year 10	1140
Year 11	925

Positive achievements

Year to date	
Year 8	77644
Year 7	69163
Year 10	52016
Year 9	49554
Year 11	39345

Sharing Achievements: It's great to hear from our families about the achievements of our students outside of school. Read more about Alana in Year 9 below. Please drop us a line if you have news for us to share.

Keighley 5K. A group of students from across school will be taking part in The Keighley 5K run this weekend raising money for Sue Ryder, Manorlands. Wishing you all luck, the forecast is good.

Annie Jr. We are so proud of the cast and crew of Anne Jr The Musical. In true spirit of the theatre the show will go on tonight after the cancellations due to snow last week. Year 8 were shown excerpts from the show during assembly on Tuesday. Thank you to all who have taken part and supported the production.



Comic Relief Joke Competition Winner: Well done to Abik...

My mum said I couldn't make a car out of spaghetti; you should have seen her face when I drove PASTA.

Brilliant 😊



Headteacher meetings

Each week we celebrate students across school who are enjoying learning and succeeding, doing themselves proud and being great role models to others. This week's thanks and congratulations go to:

Sullivan D – Year 8

Thanks also to Lola Y7, Eddie Y9 and Peter Y9 for their feedback!

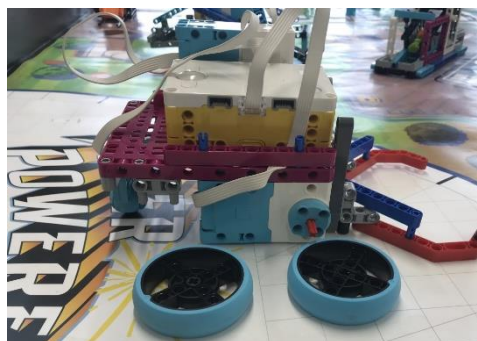
Well done to you all.

Assembly and Tutor lessons (Personal Development)

This week's assemblies have again celebrated Careers as a really important focus – Mr Delgado reminded everyone about how to access Career Pilot which is a brilliant new tool for all students to use to access up-to-date live careers and job-market information. There is also a link to a virtual careers fair that students can attend and learn more about exciting jobs in different industries.

Good luck to the Student leaders, Mrs Berry and Ms Stevens who are undertaking the Keighley 5K and 10K race this weekend. All sponsorship is going to a great cause we're proud to support year after year: Sue Ryder Manorlands. We're all cheering for you on Sunday!

Y7 News



Year 7 Lego team are busy preparing for the National Lego League finals in Harrogate in. Good luck Year 7 Lego team!

A special thanks to Heath B for doing good deeds this week. He is a great member of our school community, always positive, always helpful.

Y8 News

8R1 Spanish class have been working incredibly hard! They have consistently lined up immaculately and waited for Miss Bell patiently after break and lunch. They have been really focused in class, are working really hard and this week have put lots of effort into their home learning. Miss Bell has been really impressed by their attitude and effort.

Y9 News

Alana Year 9 is a competitive dancer at Hi-Energy Dance Academy. Alana trains after school and at weekends demonstrating a personal drive towards achievement. Alana has been travelling the country all year, progressing through a number of qualifying events and we proud to announce that she made the National final which took place last week.

Sport helps dancers build confidence, develop independence and understand that effort is required in order to succeed. These attributes transfer well, leading to improved outcomes within their school education. Huge well done to Alana and all those students who are taking part in extracurricular activities and hobbies.

Well done to 9SAL for winning the attendance prize this week – fantastic!

Y10 News

A good week again for Year 10, with some really focused learning and positive attitudes to their GCSE and BTEC studies. We're hoping for a full week next week so they can have 5 days as good as the three we've managed in the last two weeks!

Well done Year 10 – keep it up!

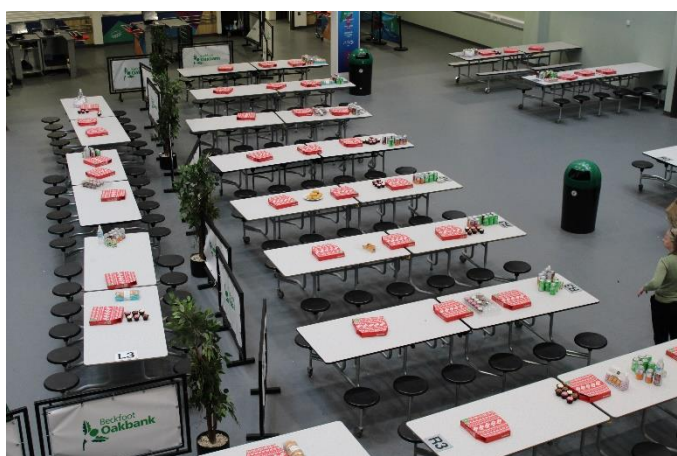
Y11 News

Industrial action and disruption to the normal workings of the school day always makes things difficult. So, we were delighted to see all those students who came to school to access their big teach sessions, where, as you can see, they were fully engaged with exam content in both English and maths.



More information on the mocks can be found here:
[Beckfoot Oakbank School - Year 11 Support](#)

Good luck Pizza! We celebrated our year 11 on Monday with pizza, wishing them well for the exams! We are proud of them all and want all of them to know that they can do this and we are with them all the way.



Post 16 News

A big week for Y11 – a huge thanks to all the students who attended the Post 16 and Fe+ Taster Day. It was a great success and students had an opportunity to sample A Level and BTEC lessons, as well as have a talk from Leeds Beckett about University life – thanks to all the staff for making this event a great success

A huge congratulations to Demin in Y13 for obtaining a Merit in her entrance exam at Aberystwyth – Demi now has an unconditional offer and £1000 towards her first term – Well done Demi.

Y13 have been completing their mocks – a huge well done to all the students involved – it's not been easy with snow days and industrial action – Keep going Y13.

A huge congratulations to Natalia Cooper (ex-student) who took a year out to gain experience before apply to medical school – it has paid off, as she has been given place at Hull/York medical school, starting in September

Transition for Year 6 into Year 7

A huge welcome to the Year 6s who will be joining us in September 2023, we are looking forward to meeting you all in events over the next few weeks, in school and at your primary.

All families have been sent a welcome letter from Mrs Hart and a link to our online admissions system.

We will be keeping in touch with you and you can do the same with us. If we can help in any way, please email office@beckfootoakbank.org

And you can read our news every week in the Headteacher Blog.

Keighley Community News

Groups of volunteers are working together to keep our town beautiful with gardening projects and events taking place across Keighley. New volunteers are welcome and you can find out more here 01535 618008 keighleyareacoordinatorsoffice@bradford.gov.uk

From 13 March

Lawkholme area. The People's Planters Project-preparing Street planters for subsequent planting and talking with residents about getting involved in the project.

20th and 27th March

Cliffe Castle. Join Cliffe Castle Support Group for a drop-in gardening sessions to tidy up the rockery.

Dates to be confirmed.

- Lund Park, Keighley. Lund Park Community Group will be working on to restore 10 benches for subsequent installation into the park.
- Cliffe Castle, Keighley. Litter pick with Cliffe Castle Support Group and partners.
- Lawkholme area, Keighley. Word Up North, Bradford Council Youth Service producing spoken word and art at youth sessions.
- Eastwood Primary School and Holycroft Primary School. Recycling competition launch and litter picks with wardens.

- Keighley Library. Family story-time and craft session.

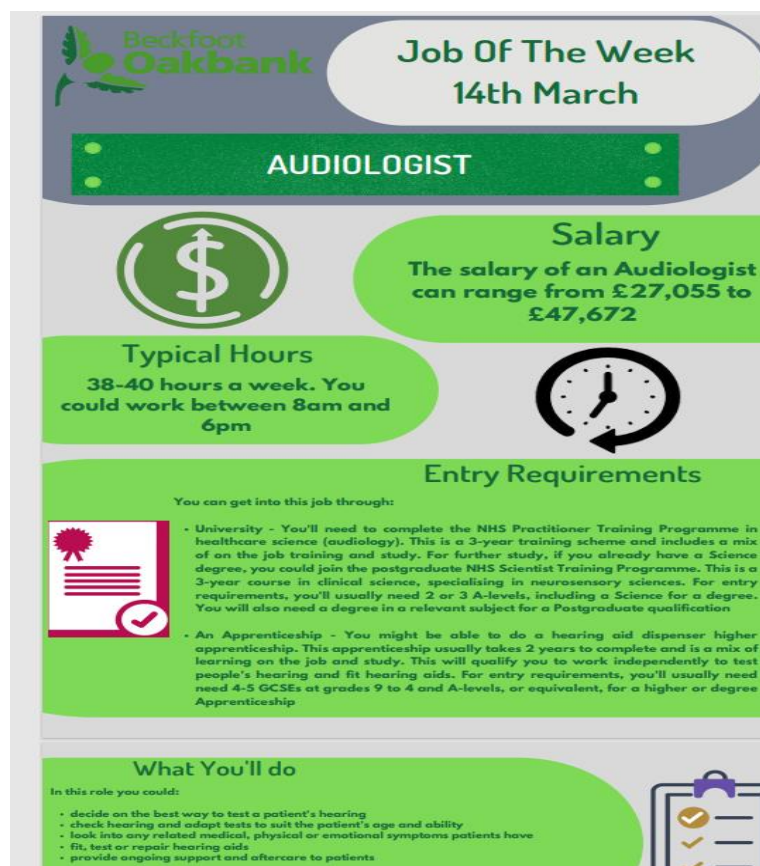
Staying safe and supporting your children

As you all know, many issues in our children's lives increasingly originate from and unfold in the digital world.

From inappropriate content to the toxic behaviour of others, online harms can do long-lasting damage. That's why we want to build digital resilience – equipping students and families to deal with digital dangers. This week's guide has a selection of tips for encouraging safe and healthy online habits.

This guide has a list of useful suggestions which could help you and your family strike the right balance and build digital resilience.

CEIAG – Careers Education, Information, Advice and Guidance.



Beckfoot Oakbank

Job Of The Week
14th March

AUDIOLOGIST

Salary
The salary of an Audiologist can range from £27,055 to £47,672

Typical Hours
38-40 hours a week. You could work between 8am and 6pm

Entry Requirements
You can get into this job through:

- **University** - You'll need to complete the NHS Practitioner Training Programme in healthcare science (audiology). This is a 3-year training scheme and includes a mix of on the job training and study. For further study, if you already have a Science degree, you could join the postgraduate NHS Scientist Training Programme. This is a 3-year course in clinical science, specialising in neurosensory sciences. For entry requirements, you'll usually need 2 or 3 A-levels, including a Science for a degree. You will also need a degree in a relevant subject for a Postgraduate qualification
- **An Apprenticeship** - You might be able to do a hearing aid dispenser higher apprenticeship. This apprenticeship usually takes 2 years to complete and is a mix of learning on the job and study. This will qualify you to work independently to test people's hearing and fit hearing aids. For entry requirements, you'll usually need need 4-5 GCSEs at grades 9 to 4 and A-levels, or equivalent, for a higher or degree Apprenticeship

What You'll do
In this role you could:

- decide on the best way to test a patient's hearing
- check hearing and adapt tests to suit the patient's age and ability
- look into any related medical, physical or emotional symptoms patients have
- fit, test or repair hearing aids
- provide ongoing support and aftercare to patients

[Beckfoot Oakbank School - Future Ready](#)

[Beckfoot Oakbank School - Careers - Job of the Week](#)

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here...

WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND



- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

REACH OUT FOR SUPPORT



- ✓ If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST



- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD



- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of InGage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



**National
Online
Safety®**

#WakeUpWednesday

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